

The Great Mother Bear – Robert Moss

You feel her under your feet.
You enter her realm through the roots
of the tree that knows you.
She is endlessly nurturing, fertile and abundant.
She will nurse you and heal you as she cares for her cubs.
You can call on her blessing at any time,
once you have found the courage to enter her embrace.

She calms the mad warrior in men.
She strips the berserkers of old skins.
Serve her, and you join the army of the Great Mother
whose purpose is to protect, not destroy.
She will defend you, even from yourself.

When you call back your lost children,
she will hold you together in her vast embrace
until you are one, and whole.
When you reach across the jagged rifts in your family
to forgive and make well, you feel her rolling pleasure.